



Do You See Non-VA Health Care Providers?

Virtual Lifetime Electronic Record (VLER) Health may help you!

What is VLER Health?

VLER Health is a program that shares certain parts of your VA health record between the Department of Veterans Affairs (VA), Department of Defense (DoD), and non-VA health care providers. These electronic health records are shared securely and privately through the Internet using the eHealth Exchange.

Participating in VLER Health may:

- Reduce the need for you to carry paper records
- Give your provider immediate access to more of your health care information
- Reduce your chances of having duplicate tests done
- Increase your safety by providing a more complete medical record, such as your medications and allergies
- Save you time and money
- Improve your health outcomes by empowering you

Here are four easy ways for you to learn more about VLER Health & Participation



Go online to <https://www.ebenefits.va.gov>

- Click on **Access My Documents**
- Scroll to the "Health" section and select **Manage My Authorizations and Preferences (VLER)**
- In the "Learn More" section, select **Share your Electronic Health Information with Non-VA Health Care Providers**



Visit the VLER Health website at <http://www.va.gov/vler/vlerhealth.asp>

This website hosts valuable information on what the VLER Health program is, how to join and more



Call the toll-free VLER Health Information line at 1-877-771-VLER (8537)

Monday through Friday, 7:00 a.m. to 9:00 p.m. CST



Visit your local VA medical center's Release of Information Office